



Cultural and Social Changes – T.V. Dinner and Rock Around the Clock

Canadian Culture – TV Dinner

Menu:

- frozen hamburgers, cut in halves or quarters and covered in canned gravy
- instant mashed potatoes
- frozen vegetables (try for the square carrots)*
- brownie*

*may be omitted depending on how much time and money you have

Other Resources:

- TV, clips from 1950s and 1960s television shows (suggestions include: *I Love Lucy*, *The Dick Van Dyke Show*, *The Monkees*)
 - CD player, songs from the 1950s and 1960s (suggestions include: Elvis Presley, Buddy Holly, Paul Anka, Joni Mitchell, Guess Who, Janis Joplin, the Doors)
 - Placemats
1. Use the Foods room if possible. Cook the food ahead of time if possible. Buy one prepared TV dinner to show students how they are packaged and served. Photocopy placemats with fun facts and activities about Canadian culture in the 1950s and 1960s for students to complete during the period (see suggestions page). Allow them to watch the clips from the 1950s and 1960s television shows while they eat their food.
 2. Play music from the 1950s and 1960s. To give students an idea of what parents of teenagers in the 1950s and 1960s were used to listening to, you could play some big band music from the 1930s and 1940s. Try to emphasize the creation of teen culture and the growing American domination of popular culture.