

What do the Kids at HCS Think?

Do you like the morning walk?

Kindergarten Students

Yes As A Response -

1. I like to go around 3 or 4 times.
2. I like to hold onto people's hands when I walk.
3. We get to run. I like to run.
4. I like to run fast.
5. We get to run if we don't want to walk.
6. We get fresh air.

No As A Response -

1. I get tired.

Grade One Students

Yes As A Response -

1. I like walking.
2. It's fun to run with my friends.
3. You get to walk with your friends.
4. I get to chit chat.
5. We can run ahead of the teacher. It is fun running.
6. It is fun!

No As A Response -

1. Because we have to exercise. I don't like to exercise.

Grade Three/Four Students

Yes As A Response-

1. It wears off any extra energy.
2. There's time to talk with friends.
3. A chance to check out daily scenery and how it is changing (seasonal changes).
4. A chance to connect with others.
5. Gives me exercise - works to keep bodies healthy and strong.
6. Makes our brain wide awake.
7. Gives me energy.

No As A Response-

1. We fight about how many laps we've done.
2. There's a big line at the water fountain.
3. It isn't always best when it's really cold and snowing.
4. The walk makes me hungry and thirsty.

How does the morning walk make you feel?

Kindergarten

1. Happy
2. Tired

Grade One

1. I feel sad because I miss my family.
2. Happy because I am in nature.
3. Strong
4. Great because my body feels great.

Do you like to do the morning walk every day?

Kindergarten

Yes As A Response -

1. You can get some fresh air.
2. I love holding onto Damien and Mrs. Hill's hand.
3. I get to hold onto people's hands.
4. I like going around three times.

No As A Response -

1. My legs get tired.
2. I don't like going around 3 times.
3. I sweat.
4. I don't like going when it is raining.
5. My feet get tired.

Grade One

Yes As A Response -

1. I like walking with my friends.
2. You get to see your friends every day.
3. We always get to talk on the morning walk.
4. I get to talk to my friends.

No As A Response -

1. I would like it better if we did not do it every morning.
2. I get tired.