

PPL2O Health Class
Unit 2 - Substance Use & Abuse

What do I think?

- (1) Parties without alcohol are...
- (2) To me, the difference between drug use and drug abuse is...
- (3) Coming to school stoned is...
- (4) Hearing someone brag about drinking at a party is...
- (5) One thing I don't believe about drugs is...
- (6) One thing I like to learn about drugs is

Pre-Class Work: (Thinking Routine - Connect- Extend - Challenge)

PART A:

Please go to [Teen Drug Abuse](#) and look through the website before tomorrow's class and choose 1 or more areas to reflect on and complete the questions below:

(The areas are: Teen Drug Abuse, Health Effects of Teen Substance Abuse, Teen Addiction Treatment, Teen Co-occurring Disorders, Teen Substance Abuse Prevention, and Undersage Drinking - see tabs on the left handside)

PART B:

Use the *Thinking Continuum Chart* to help you build a thoughtful response and **identify your thinking**

- (1) How are the ideas and information presented connected to what you already knew?
- (2) What new ideas did you get that extended or broadened your thinking in new directions?
- (3) What questions have come up in your mind from the ideas and information presented?

PART C:

After writing your reflection - condense the information into 90 seconds, which you are going to share with your table mates in class.

PART D:

In Class Work: (Thinking Routine - The Micro Lab Protocol)

Share: The first person in the group shares for 90 seconds.

The other members listen attentively without comment or interruption.

Pause for 30 seconds of silence to take in what was said.

Repeat for persons two and three, pausing for a moment of silence after each round.

Discussion as a group (5-10 minutes), referencing the comments that have been made and making connections between the responses of the group.

PART E:

Post -Class Reflection Questions

- (1) How did you like the Micro Lab group work protocol? (did you learn something from your table mates? Did your group have a rich discussion?)
- (2) What could have made the Micro Lab group work protocol better?
- (3) What were 2 big ideas from today that stuck with you? And what made you say that?